



# Minute from YP @ Yearly Meeting 2025

## Britain Yearly Meeting

23/05/25 - 26/05/25

34 young people and 6 adults met this weekend at the Rock UK Frontier Centre to explore the theme of "Peace Inside and Out" hoping to link to those considering BYM's theme.

Our theme developed over different sessions, starting with inner peace with Ellis Brooks, where we considered how we can calm ourselves using techniques such as paired coaching and mirroring each other.

We then thought about interpersonal peace with one of our adult volunteers Rebecca, talking about the ripples caused by kind and unkind actions, and came up with 3 ways we can affect those around us in a positive way.

On Sunday Hannah Larn helped us delve deeper into community peace by talking about the qualities of reconcilers and how we can nurture these in ourselves. We shared our thoughts around which qualities came more naturally to us and which we have to work at more.

Finally, we explored worldwide peace in 5 open discussion groups. The 4 main ideas that came out of this were:

- Everyone has different concepts of peace
- While Quakers can help with creation of peace, even with our accepting space, we can find conflict around us
- Human nature could find peace boring as we always seem to want change
- That protective actions such as carrying knives can unintentionally lead to conflict

Over the weekend we developed as a community. At the start we thought about our hopes and fears of the event, and got to know each other through games such as human bingo and maps.

In our base groups we got to know different people and connected through games and discussions. Some of us joined JYM and wider BYM to watch the Swarthmore Lecture, which moved us.

We challenged ourselves in activities such as archery, abseiling, and kayaking. For some of us this prompted us to explore a new kind of inner peace. We showed our different abilities in silly sports and base group challenges – including creating mini plays with newspaper costumes.

Morning Worship and Epilogue gave us space to reflect and share. Our final Epilogue was a wonderful experience which was held around a fire where we were reminded that fire can be both destructive and beautiful. Participants shared moving messages of gratitude for the event; a strong theme was feelings of being supported and cared for.